

Weekly Inventory

Say your partner's name

- What about this week did you like?
- What about this week did you not like?
- What particular behavior of mine made you happy?
- What particular behavior of mine made you sad?
- What particular behavior of mine hurt your feelings?
- What particular behavior of mine disappointed you?
- What particular behavior of mine caused you any anxiety?
- What can I do for you this week to make you happy?
- Anything I can do for you this week to help you out?
- Is there anything you would like for me to stop doing?
- What can I do to make you feel more loved?
- What can I do to make you more interested in me?
- Any feedback about our interaction from the past week?
- Any situation/issue you want to bring up at this time to talk about?

I want to thank you for _____

I appreciate that you _____